

# Take a step ...

## Ash Wednesday |

#### **Encountering God through Fasting**

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## Day One - FEB 15

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Psalms 119:105

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As you keep in mind the matter for which you are praying and fasting over, open your Bible to Psalm 139. Seek to encounter the God who is so present to you even now. He knows you completely, already perceiving your thoughts and familiar with all your ways. Wherever you are, He's there with you. Thank Him for being with you. Ask the Holy Spirit to open your heart and mind to what the God of the whole wide universe wants you to know about Him and about you. List a few things.

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## Day Two - FEB 16

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Spending time alone to be with God re-centers our souls around our One Steady Constant in all of life. God who formed us out of limitless love for His glory didn't create us for hollow, fragmented chaos but for shalom, for deep peace, a fruitful life, a wholeness filling for our soul. When we make time to be alone with Him our inner world is stilled, strengthened, secure.

Even a little time stolen away to enjoy companionship with my Mighty God, my Wonderful Counsellor, my Everlasting Abba, my Prince of Peace magnifies His hand over my life allowing His love and grace to seep in and settle my soul afresh. The outside world quiets and my heart knows the Maker of its beat ... breathe ... breathe.

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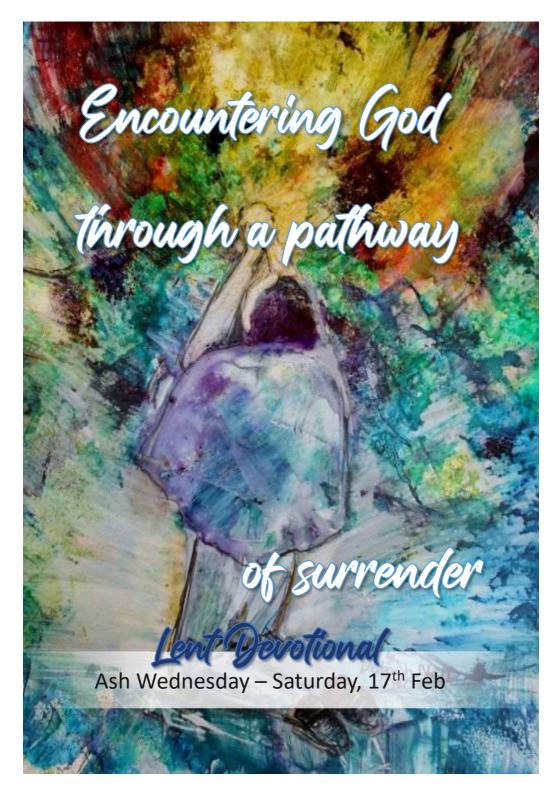
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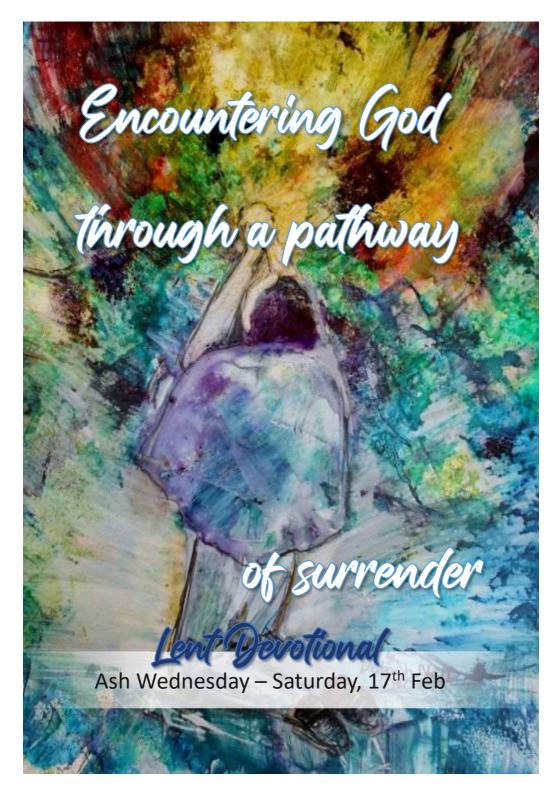
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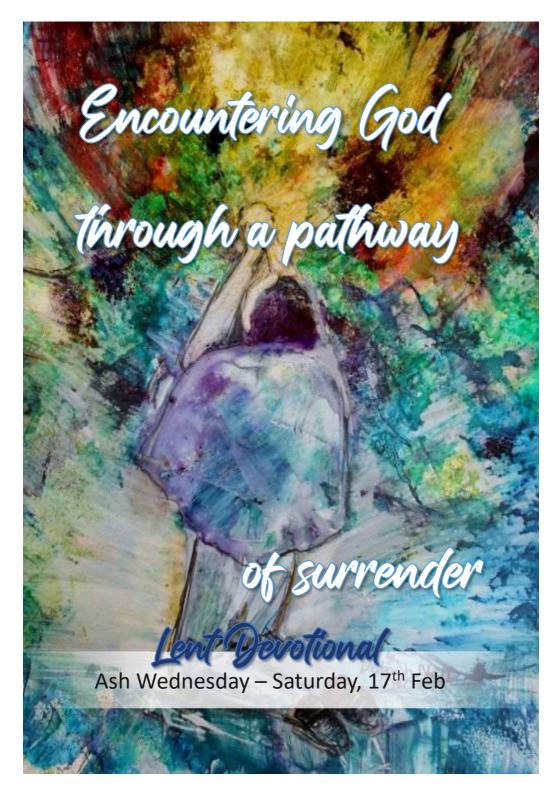
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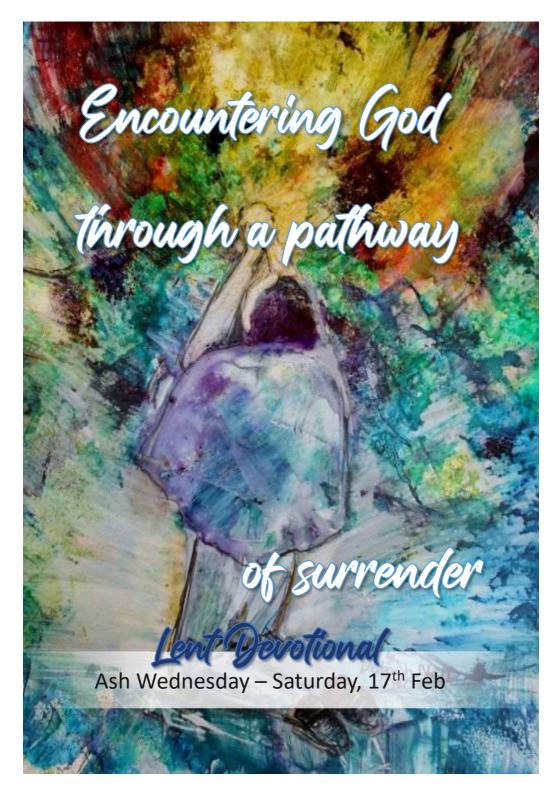
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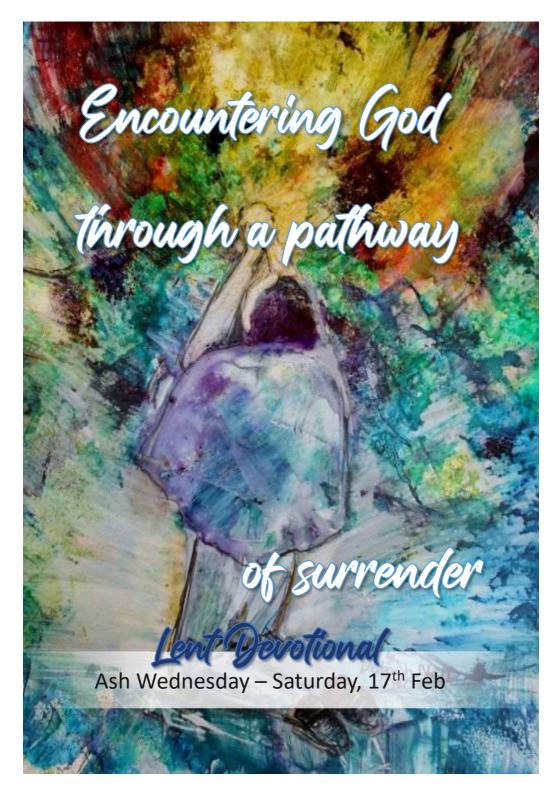
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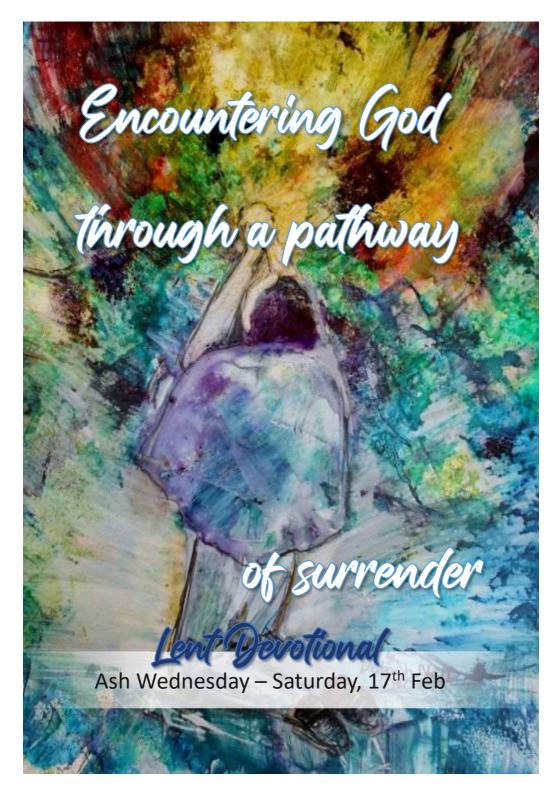
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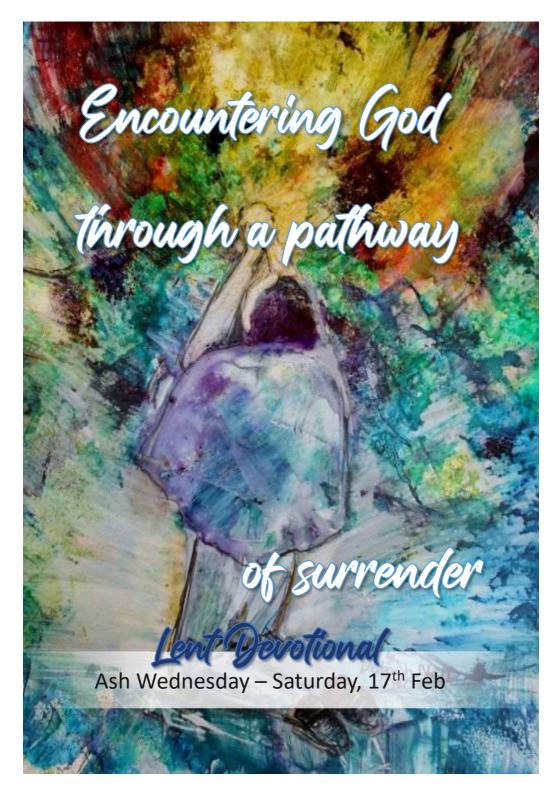
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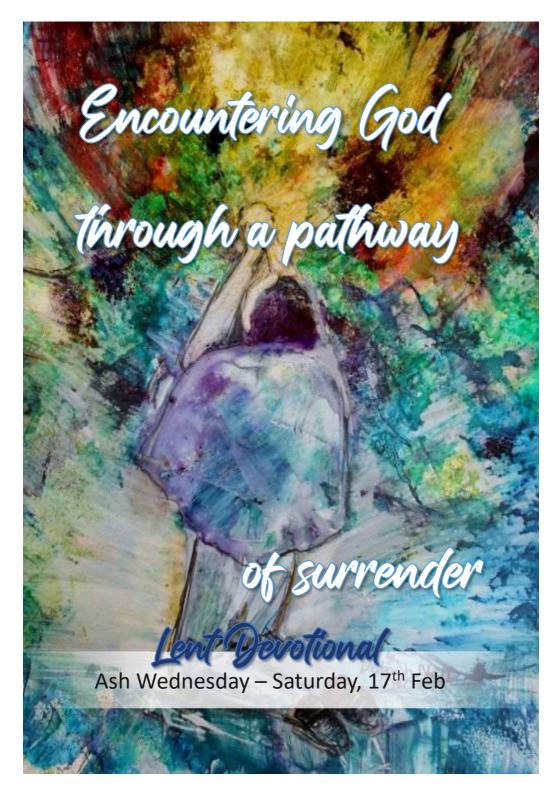
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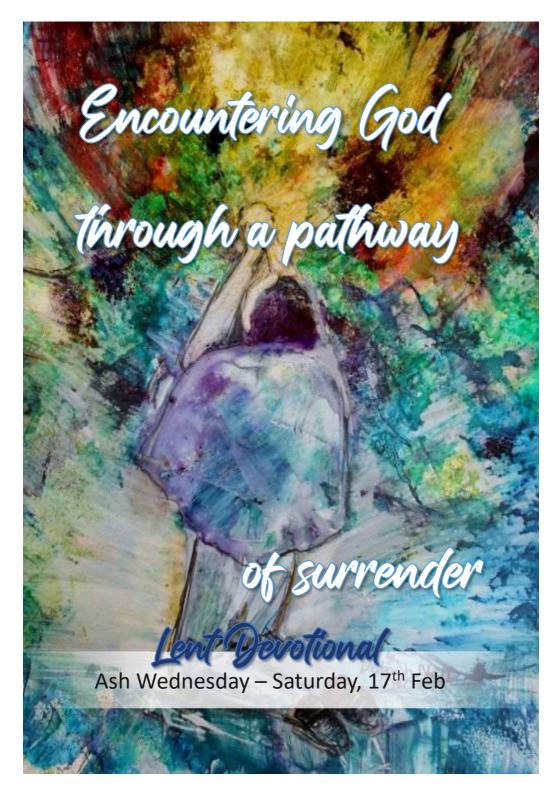
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#### Encountering God through the Word

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#### **Encountering God in Solitude**

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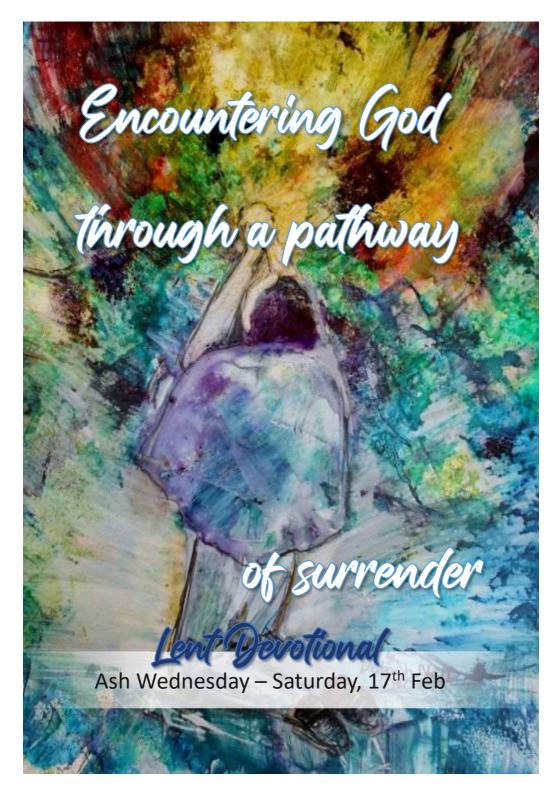
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